

**Luton Youth Service – Update
Luton East Area Committee****PUTTERIDGE YOUTH CLUB**

The youth clubs attendance figures have risen from 130 in a year to over 800 in the last 6 months.

The youth club has a lunchtime provision, which open every day for the different school year groups and girls only session. Within these sessions the young people can discuss different topics, such as Self-esteem, Bullying, Health awareness that incorporates Sexual Health, Drugs & Alcohol Awareness, Dance Arts (Peer Led session by 4 males who are on the youth club committee) and Arts & Crafts. The young people can also discuss their own issues and concerns.

The youth club also opens 3 evening per week, Monday, Wednesday & Thursday, which caters for all year groups.

Issues that have been undertaken within the youth club are:

National Youth Work Week (all different, all equal), which focused on Human Rights & Discrimination

Anti-Bullying Week, focussing on the forms of bullying and the effects it has on other. The young people also took part in quizzes and scenario's on how to challenge and combat bullying.

Drugs Awareness, an outside agency CAN led this session for 15+ young people, who all received a recorded outcome certificate through the Youth Service.

Healthy choices, looking at diet and nutrition and how exercise can help to maintain a healthier body.

Sexual Health – questionnaires on the Myths & Facts around sex, sti's and pregnancy. The Condom Card Scheme, which is to increase access to the appropriate sexual health services. Reduce unintended teenage conception and reduce sexually transmitted infections & HIV.

CLIMBING WALL

The youth club members have had some sessions on the school-climbing wall, which was obtained through the Young Fundz application bid. Mr Michael Sonnabend the school Deputy Head has been most accommodating and has been taking these sessions, alongside the youth support worker.

FIRST AID

11 young people from the youth committee took part in a 2 day first aid course run by St Johns Ambulance, and achieved a recognised accreditation/certificate in Emergency Life Support that last for 3 years.

PHSE CLASSES

Joint partnership working with the Guidance teachers and Head of centre (Youth club) has commenced with the year 10's. The sessions have been around sex & relationships education and the law. The classes have been occurring within the youth club, as different environment from the classroom setting was suggested. This has worked very well with positive feedback. 5 classes have already taken place and all the young people will receive a recorded outcome certificate of what they had learnt. Year 9's sessions have also commenced looking at relationships.

YOUTH CLUB AND SCHOOL PARTNERSHIP WORKING

The youth club and the school have a very good working relationship, as we have the same aim of working and supporting young people. The youth club has sponsored the school football kit and will also be sponsoring a ski-ing helmet for one of our committee members. The youth club is also available for the school staff to utilise for a change of environment for the young people they are teaching.

Bushmead & Yeovil Road

In November 2007 a Youth Support Worker was appointed for 9 hrs a week for the east area, covering Bushmead & Yeovil Road.

Two new provisions have been launched in January 2008, a Senior Youth Club, which is run on a Thursday evening at Bushmead Community Centre at 6.30pm- 9.30pm.

A twilight session has been introduced at Yeovil Road on a Tuesday afternoon at 4pm- 6pm.

At Bushmead Community Centre there are a consistent number of young people attending every session. Majority of the young people are sport oriented and regularly participate in recreational activities. Currently the Youth Workers are in a steady process of building an open honest relationship with young people, based on trust and then empowering them to make choices in relation to learning and development opportunities. The Youth Workers have developed a relationship with young people, where there is open dialogue, many of the young people are confidently discussing issue based topics, such as Sexual Health, Drugs & Alcohol and are exploring career opportunities.

Bushmead Youth Club is delivering activities/ projects based on a quarterly plan (January- March), which has been planned by young people with the support of Youth Workers.

The following activities and projects are currently being delivered at the Youth Club;

Multi- Sport- Provides participants with the opportunity to experience & receive coaching, in a generic skill based activities to help develop their personal skills & sport experiences. Multi- sport aims to help participants recognise their potential talent.

Healthy Lifestyles- incorporates wide range of issues based topics e.g. Sexual Health, Drugs & Alcohol, & Eating Disorders etc.

Condom Card Scheme- aims to reduce the prevalence of Sexually Transmitted Infection, & HIV, reduce unintended teenage pregnancies.

First Aid Course- Covers basic elements of first aid including Management of an Incident, Basic Life Support, Recovery Position, Care of Unconscious Patient & Wounds and Bleeding. Every Participant will receive and accredited certificate when they have completed the training satisfactorily.

Tuck Shop- Encouraging young people to manage tuck shop to develop their money management skills.

Young People from Bushmead area are not only benefiting from Youth Club provision, but also have access to the Boom Bus for 2 hrs a week, which is on a Wednesday afternoon at 4pm- 6pm.

The twilight session on the Boom Bus gives young people an opportunity to socialise in a controlled environment, where young people feel they can enjoy & achieve in a fun & relaxing setting.

UUYeovil Road Provision

A program of twilight session has been implemented at Yeovil Road via Boom Bus. A consistent number of young people are accessing the bus on a Tuesday afternoon. A number of young people, who attend the session, are in a NEET Group. Unfortunately many of them lack social and educational skills. Through the Boom Bus sessions, young people are gaining informal education on wide range of issue-based topics e.g. Sexual Health, Drugs & Alcohol, Smoking etc.

A lot of the young people who attend the Boom Bus are actively engaging in youth activities, and are building a positive relationship with the Youth Workers. This level of involvement has given Youth Workers the opportunity to build meaningful relationship with young people based on trust and is making the follow up progress significantly easier.

PHSE Lessons at Stopsley High School

PHSE lessons have been delivered at Stopsley High School in partnership with local agencies PUKE, and ADIBOP. Drugs & Alcohol Workshop haven delivered to year 9 pupils. SRE (Sexual Relationship and Education) is also currently being delivered to year 9 & 10's year groups.

Look After Your Mates (BHAPS) training has been arranged at Stopsley High School to be delivered to year 9's & 10's year groups in the coming month. The training aims to achieve 100 accredited and 100-recorded outcomes. Through BHAPS young people will achieve the following learning outcomes;

The young person will gain an understanding of how to assess and deal with a casualty in a life-treating situation.
Demonstrate effective basic life support techniques for respiratory and cardiac arrest.
List the main clinical signs of respiratory arrest.

PHSE Lessons in Ashcroft High School

Look After Your Mates (BHAPS) training has taken place in Ashcroft to year 9's & 10's year groups with the last cohort of young people gaining an accredited mid March. Over 130 young people took part in the training and the feedback from the school and young people stated this was a popular course.

Year 9 students have also participated in Community Cohesion
The aim was that all participants gained an understanding of their peers across Luton of how it feels to be young and living in Luton.

The young people were made aware of different languages spoken in Luton, 15% of Luton's population is aged between 10 and 19 and that 82% of school teachers are aware of homophobic bullying in schools.

The young people engaged had some knowledge of what its like living in Luton and received a Recorded Outcome certificate for their participation.

Luton Youth Drama Group

As part of the bi-centenary year of the abolition of slavery, the Luton Youth Drama Group developed a play to represent an opportunity to broaden the understanding of the significance of Britain's involvement in the slave trade and slavery as well as its role in their eventual suppression and abolition.

The performance allowed the young people to understand and interpret how slavery and the slave trade shaped the history of Britain, Africa and the former British empire in general, and to consider its consequences for modern-day British, African and Caribbean societies.

The Luton Youth Drama Group is now rehearsing very hard towards the annual Drama Festival in April performing Shakespears "A Midsummer's Night Dream".