

Luton Health and Wellbeing Board

NICE resources mapped against H&WB strategy priorities

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A Healthier Future : Improving Health and Wellbeing in Luton 2012 – 2017

OUR PRIORITY OUTCOME 1: EVERY CHILD AND YOUNG PERSON HAS A HEALTHY START IN LIFE

This priority focuses on ensuring that children and young people have the best opportunities early in life to enable them to become healthy adults. Evidence indicates that health in later life is strongly influenced by childhood experiences and by focusing attention at this stage of life should not only improve the child's health but also that of the whole family.

NICE Resources**Guidance**

[Strategies to prevent unintentional injuries in under 15s](#)

[Preventing unintentional road injuries in under 15s](#)

[Preventing unintentional injuries in the home in under 15s](#)

Practical support: checklist, key facts for councillors, costing tool, self-assessment tool, slideset, pathway

[Preventing and reducing domestic violence \(in development due Feb 14\)](#)

[Pregnancy and complex social factors](#)

Practical support: self-assessment tool, costing statement, audit tool, training and educational tools, slideset, pathway, casestudy

[When to suspect child maltreatment](#)

Practical support: self-assessment tool, costing statement, audit tool, training and educational tools, slideset, pathway, casestudy

[Interventions to reduce substance misuse in vulnerable young people](#)

Practical support: costing template, slide set, audit tool, pathway

[Promoting physical activity for children and young people](#)

Practical support: audit support, costing statement, guide to resources, slideset, casestudies

[School based interventions on alcohol](#)

Practical support: costing report, slide set, pathway and casestudy

[Social and emotional wellbeing – early years](#)

Practical support: costing statement, baseline assessment tool and pathway (social and emotional wellbeing in children and young people)

[Social and emotional wellbeing in primary education](#)

Practical support: costing statement, slide set and pathway (social and emotional wellbeing in children and young people)

[Social and emotional wellbeing in secondary education](#)

Practical support: costing statement, slide set and pathway (social and emotional wellbeing in children and young people)

[Preventing the uptake of smoking among children and young people](#)

Practical support: costing statement and return on investment calculator, case studies and smoking pathway

[School based interventions to prevent smoking](#)

Practical support: costing statement and return on investment calculator, case studies and smoking pathway

[Quitting smoking during pregnancy and following childbirth](#)

Practical support: costing statement and return on investment calculator, self-assessment template, e-learning tool, case studies and smoking pathway

[Reducing differences in the uptake of immunisations](#)

Practical support: costing template, audit tool, FAQs, guide to resources, case studies and pathway

[Alcohol use disorders – preventing harmful drinking](#)

Practical support: costing statement and self-assessment template, e-learning tool, case studies, guide for commissioners and pathway

[Weight management before, during and after pregnancy](#)

Practical support: costing statement, financial planning tool and self-assessment template, e-learning tool, case studies, guide for commissioners and pathway

[Overweight and obese children and young people – lifestyle weight management](#)

In development, due October 2013

[Maternal and child nutrition](#)

Practical support: costing report, slide set, baseline assessment tool, commissioning guide, pathway and case study

[Looked after children and young people](#)

Practical support: costing report, slide set, baseline assessment tool, guide to resources, pathway and case study

[Conduct disorder in children and young people](#)

Practical support: baseline assessment tool, costing report, slide set, pathway and podcast

[Psychosis and schizophrenia in children and young people](#)

Practical support: baseline assessment tool, costing report, slide set, pathway, treatment manuals and intervention framework

Quality Standards

[Health and wellbeing of looked after children and young people](#)

Practical support: Action planning tool, data collection tool, support for commissioners and pathway

[Attention deficit hyperactivity disorder](#)

Practical support: pathway and support for commissioners

[Bacterial meningitis in children and young people](#)

Practical support: training resources, pathway and support for commissioners

[Antenatal care](#)

Practical support: pathway and support for commissioners

[Postnatal care](#)

Practical support: pathway and support for commissioners

Case studies

[Shared learning database – 37 examples](#) including implementation of the Looked After Children guidance in a Local Authority; implementation of promoting physical activity in children guidance; ‘becoming a pushy corporate parent’ (re Looked after children guidance); community engagement to increase childhood immunisations; developing a co-ordinated interagency parent training programme...

[QIPP Collection – 2 examples](#) including Specialist equipment provision for children with special educational needs:

Other evidence from www.evidence.nhs.uk

OUR PRIORITY OUTCOME 2: REDUCED HEALTH INEQUALITIES WITHIN LUTON

This priority focuses on those communities, groups and individuals who have the worst health outcomes in Luton. We will prioritise prevention and early detection of cardio vascular disease (CVD), cancer, respiratory disease and diabetes – the conditions most strongly related to health inequalities. Currently the areas with the poorest health outcomes in Luton fall mainly within the wards of Biscot, Challney Dallow, Farley (men), High Town, Leagrave (women).Northwell and South.

NICE Resources – Prevention (Weight management)

Guidance

[Promoting physical activity for children and young people](#)

Practical support: audit support, costing statement, guide to resources, slideset, casestudies and pathway

[Weight management before, during and after pregnancy](#)

Practical support: costing statement, financial planning tool and self-assessment template, e-learning tool, case studies, guide for commissioners and pathway

[Overweight and obese children and young people – lifestyle weight management](#)

In development, due October 2013

[Maternal and child nutrition](#)

Practical support: costing report, slide set, baseline assessment tool, commissioning guide, pathway and case study

[Physical activity and the environment](#)

Practical support: costing statement, guide to resources, slideset, casestudies and pathway

[Preventing type 2 diabetes – population and community interventions](#)

Practical support: audit support, costing statement, guide to resources, slideset, casestudies and pathway

[Obesity – working with local communities](#)

Practical support: baseline assessment, costing statement, guide to resources, casestudies and pathway

[BMI and waist circumference - black, Asian and minority ethnic groups](#)

Practical support: baseline assessment, costing statement, casestudies and pathway

[Overweight and obese adults - lifestyle weight management](#)

In development due May 2014

[Overweight and obese children - lifestyle weight management](#)

In development due October 2013

[Obesity Clinical Guideline](#)

Practical support: baseline assessment, costing statement, commissioning guides, guide to resources, casestudies and pathway

Quality standards

None yet

Other

Public health briefings for councillors: [Physical activity](#) and [obesity](#)

Case studies

[11 case studies on topic of obesity](#)

Other evidence from www.evidence.nhs.uk

NICE Resources – Prevention (Smoking/tobacco)

Guidance

[Preventing the uptake of smoking among children and young people](#)

Practical support: costing statement and return on investment calculator, case studies and smoking pathway

[School based interventions to prevent smoking](#)

Practical support: costing statement and return on investment calculator, case studies and smoking pathway

[Quitting smoking during pregnancy and following childbirth](#)

Practical support: costing statement and return on investment calculator, self-assessment template, e-learning tool, case studies and smoking pathway

[Brief interventions and referral for smoking cessation](#)

Practical support: costing statement and return on investment calculator, implementation advice and smoking pathway

[Smoking cessation in the workplace](#)

Practical support: costing statement and return on investment calculator, business case, implementation advice and smoking pathway

[Smoking cessation services](#)

Practical support: costing statement and return on investment calculator, commissioning guide, implementation advice and smoking pathway

[Smokeless tobacco cessation – South Asian Communities](#)

Practical support: costing statement, baseline assessment tool and audit tool, podcast and smoking pathway

[Tobacco Harm Reduction](#)

Practical support: costing statement, baseline assessment tool, casestudy and pathway

Quality standards

None published yet

Case studies

[11 shared learning examples](#) including information for employers and Open wide project: raising awareness of the risks of smokeless tobacco and shisha pipe smoking and the signs and symptoms of mouth cancer.

[1 QIPP case study – relapse prevention in smoking cessation interventions](#)

Other evidence from www.evidence.nhs.uk

NICE Resources - Long Term Conditions

Guidance

[Chronic heart failure](#)

Practical support: Audit support, Baseline assessment tool, Clinical case scenarios, costing report, costing template, educational resource, electronic audit tool, Guide for commissioners: services for people with chronic heart failure, case studies and pathway

[Chronic kidney disease](#)

Practical support: Baseline assessment tool, costing tool, slide set, audit tool, guide for commissioners, case studies and pathway

[COPD](#)

Practical support: Baseline assessment tool, costing tool, slide set, audit tool, guide for commissioners, case studies and pathway

[Stable angina](#)

Practical support: Baseline assessment tool, costing tool, slide set, audit tool, guide for commissioners, and pathway

Diabetes in adults – there are a few separate pieces of NICE guidance. I would advise they are best accessed via the diabetes pathway found [here](#).

[Dementia](#)

Practical support: Baseline assessment tool, costing tool, slide set, audit tool, guide for commissioners, case studies and pathway

In development: Multimorbidities: system integration to meet population needs

Quality standards

[Chronic kidney disease](#)

[COPD](#)

[Stable angina](#)

[Diabetes](#) in adults

Practical support: for each quality standard there is a guide for commissioners and a pathway

Case studies

2 case studies can be found in the shared learning database following a search for [long term conditions](#). Others can be found by searching for specific conditions

Other evidence from www.evidence.nhs.uk

NICE Resources – Cancer

Guidance

There are several pieces of NICE guidance (in excess of 100) on the topic of cancer (many of which relate to appraisals of cancer drugs). They can all be found [here](#).

Of note are the Cancer Service Guides:

[Brain tumours \(CSGBraincns\)](#)

[Breast \(CSGBC\)](#)

[Children and young people with cancer \(CSGCYP\)](#)

[Colorectal \(CSGCC\)](#)

[Haemato-oncology \(CSGHO\)](#)

[Head and neck \(CSGHN\)](#)

[Sarcoma \(CSGSarcoma\)](#)

[Skin tumours including melanoma \(CSGSTIM\)](#)

[Supportive and palliative care \(CSGSP\)](#)

[Urological \(CSGUC\)](#)

You may find it easiest to refer to the relevant NICE pathways which incorporate all of the guidance and practical support and are easier to navigate. You can access all cancer pathways [here](#). They include:

- Breast cancer
- Lung cancer
- Preventing skin cancer
- Ovarian cancer
- Prostate cancer

Quality standards

[Breast cancer](#)

[Lung cancer in adults](#)

[Ovarian cancer](#)

[Colorectal cancer](#)

Practical support: all of the above quality standards come with associated pathways and support for commissioners

Case studies

[12 case studies](#) in the shared learning database and 17 QIPP (Quality Innovation Productivity and Prevention) casestudies can be found [here](#).

Other evidence from www.evidence.nhs.uk

OUR PRIORITY OUTCOME 3: HEALTHIER AND MORE INDEPENDENT ADULTS AND OLDER PEOPLE

This priority sets out our intention not only to extend life, but also to improve the quality of life (i.e. “adding years to life and life to years”). A focus on people with long term conditions (i.e. chronic health conditions such as diabetes or heart disease) and how they can be better supported to live independently will be a key aspect of this priority action.

NICE Resources

Long term conditions resources as listed above. Additionally:

Supporting people to live longer in their own home

Guidance

Quality standards

[Supporting people to live well with dementia](#)

Practical support: Action planning tool, data collection tool, commissioning support and pathway

[Nutrition support in adults](#)

Practical support: guide for commissioners and pathway

In development:

The transition between health and social care, including discharge planning, admission avoidance, reducing readmissions and reducing unnecessary bed occupancy

Management of physical and mental co-morbidities of older people in community and residential care settings

Case studies

2 good case studies can be found [here](#)

Other evidence from www.evidence.nhs.uk

NICE Resources – preventing unnecessary admissions/readmission

Guidance

[Stroke](#)

Practical support: costing template, slide set, audit tool, pathway, commissioning guide and casestudies

[Stroke rehab](#)

Practical support: costing template, baseline assessment tool, pathway, commissioning guide

[Lower urinary tract infections in men](#)

Practical support: costing template, slide set, audit tool, pathway, commissioning guide and casestudies

[Falls – assessment and prevention of falls in older people](#)

Practical support: costing template, baseline assessment tool, audit tool, pathway, podcast and casestudies

[Osteoporosis – fragility fracture](#)

Practical support: slide set, audit tool, pathway, implementation advice and casestudies

[Head injury](#)

Practical support: slide set, audit tool, pathway, implementation advice and casestudies

Quality standards

[Stroke](#)

Practical support: support for commissioners, slide set, audit tool, pathway, commissioning guide and casestudies

[Hip fracture in adults](#)

Practical support: guide for commissioners, pathway, slide set

In development: The transition between health and social care, including discharge planning, admission avoidance, reducing readmissions and reducing unnecessary bed occupancy

Case studies

9 case studies can be found in the shared learning database following a search for [‘falls’](#)

6 case studies can be found in the shared learning database following a search for [‘stroke’](#)

9 case studies can be found in the shared learning database following a search for [‘rehab’](#)

Other evidence from www.evidence.nhs.uk

NICE Resources – Mental wellbeing

Guidance

[Mental wellbeing in older people](#)

Practical support: Action planning tool, data collection tool, commissioning support and pathway

[Promoting mental wellbeing at work](#)

Practical support: Action planning tool, data collection tool, business case template and pathway

Other evidence from www.evidence.nhs.uk

NICE Resources – Mental health

Guidance

[Post traumatic stress disorder](#)

Practical support: Action planning tool, data collection tool, commissioning support (Commissioning guide for common mental health conditions) and pathway

[Obsessive compulsive disorder and body dysmorphic disorder](#)

Practical support: Baseline assessment tool, data collection tool, commissioning support (Commissioning guide for common mental health conditions) and pathway

[Antenatal and postnatal mental health](#)

Practical support: Baseline assessment tool, data collection tool, commissioning support and pathway

[Antisocial personality disorder](#)

Practical support: Baseline assessment tool, data collection tool, costing tool and pathway

[Borderline personality disorder](#)

Practical support: Baseline assessment, data collection tool, costing tool and pathway

[Depression in adults](#)

Practical support: Baseline assessment tool, data collection tool, commissioning support (Commissioning guide for common mental health conditions) and pathway

[Anxiety](#)

Practical support: Baseline assessment tool, data collection tool, commissioning support (Commissioning guide for common mental health conditions) and pathway

[Social anxiety disorder](#)

Practical support: Baseline assessment, data collection tool, costing tool and pathway

Quality standards

[Service user experience of mental health services](#)

[Depression in adults](#)

[Self harm](#)

Practical support: guide for commissioners

Case studies

26 QIPP casestudies can be found [here](#)

Other evidence from www.evidence.nhs.uk