

# Six outcomes for children and young people in Luton with SEND



Outcomes are a simple way of describing what people want in their lives for themselves or for their children. These six outcomes were developed with parents and carers.

## I want to be healthy – physically and mentally

- I maintain a healthy lifestyle to support my personal needs
- I enjoy my life and have a sense of wellbeing
- I am able to use my creative skills in meaningful activities
- I know where my support is and who to talk to
- I make good choices around behaviour, drugs, alcohol and relationships



## I want to be safe

- I have outside support in addition to family
- I am not hurt or injured in the home and community
- I am not involved in crime, gangs or subject to exploitation
- I am safe from bullying, cyber-bullying and hate crime
- I have appropriate and suitable living conditions and opportunities

## I want to be the best that I can be

- I have nursery/school/college provision that meets my needs by identifying SEND early on and I have the right support and guidance at each stage of development
- I have realistic goals that can be achieved, but also aim high
- People know my aspirations, I have purposeful activities, which may also include employment
- I have good role models and mentors and I have support with transitions
- I have choices and equal opportunities

## I want to do as much for myself as possible

- I can make my own decisions/choices
- I can manage my own self-care independently
- I can take part in meaningful activities and I can learn skills for life and everyday skills
- I have information and other sources/resources that are in a format that is suitable for me
- I can live independently and travel independently
- I have support with transitions

## I want to be part of the community

- I am actively involved in a group/groups – according to my choice
- I have an active and interesting life
- I have a family and we have an ordinary and happy life most of the time
- I can play, have friends and socialise
- I feel safe and valued in my community
- I know how to get additional assistance when I am out in public



## I want to be heard

- My voice is heard in all the important decisions in/about my life
- The voice of my parent(s)/carer(s) is respected and taken into consideration
- My voice influences strategic decisions
- I am supported with my communication so that I am heard and understood
- My voice is informed by high quality and accessible information